



# Cambridge Fifth Grade PE Year at a Glance (YAG)



First Semester		Second Semester	
<b>1<sup>st</sup> Nine Weeks – 40 days</b> (August 20 <sup>th</sup> – October 16 <sup>th</sup> ) (September 3 <sup>rd</sup> – Labor day – No School) (October 8 <sup>th</sup> – Staff Development)		<b>3<sup>rd</sup> Nine Weeks – 45 days</b> (January 7 <sup>th</sup> – March 19 <sup>th</sup> ) (January 21 <sup>st</sup> – MLK – No School) (March 11 <sup>th</sup> – 15 <sup>th</sup> – Spring Break)	
<b>TEKS</b> 5.1 <a href="#">ACDF</a> 5.1 <a href="#">BDL</a> 5.3 <a href="#">AC</a> 5.4 <a href="#">DE</a> 5.4 <a href="#">F</a> 5.5 <a href="#">E</a> 5.5 <a href="#">B</a> 5.6 <a href="#">B</a> 5.7 <a href="#">A</a> 5.7 <a href="#">AB</a>  5.1 <a href="#">F</a> 5.1 <a href="#">B</a> 5.2 <a href="#">A</a> 5.3 <a href="#">B</a> 5.4 <a href="#">ABCDE</a> 5.5 <a href="#">D</a>  5.3 <a href="#">AC</a> 5.6 <a href="#">C</a> 5.6 <a href="#">B</a> 5.7 <a href="#">ABC</a> 5.9 <a href="#">CDE</a>  5.3 <a href="#">C</a> 5.8 <a href="#">B</a>  5.9 <a href="#">F</a>	<b>Units</b> School Theme games (Character is our Game) *Jumbo Jenga, Twister, Yahtzee, Bounce Off  Back to School wellness: *Dress for success *Traffic Light Eating, Brainy Breakfast, Phytonutrients (Hoop Mania, Steal the Bacon) *Unplug and Move <ul style="list-style-type: none"> <li>• Read DOT (movement with book)</li> <li>• Siclovia</li> </ul> Muscular System: *aerobic/anaerobic *3 Components of Fitness *FITT  Perseverance: *Mile Run *Kids Rock  *Tug A War  Family Play Date	<b>TEKS</b> 5.1 <a href="#">G</a>  5.1 <a href="#">D</a> 5.3 <a href="#">AC</a> 5.5 <a href="#">D</a> 5.7 <a href="#">C</a> 5.8 <a href="#">B</a> 5.9 <a href="#">D</a>  5.1 <a href="#">F</a> 5.1 <a href="#">K</a> 5.2 <a href="#">A</a> 5.3 <a href="#">A</a> 5.4 <a href="#">AC</a> 5.4 <a href="#">ABFH</a> 5.5 <a href="#">C</a> 5.6 <a href="#">G</a>  5.1 <a href="#">B</a> 5.2 <a href="#">A</a>  5.1 <a href="#">F</a> 5.3 <a href="#">C</a> 5.5 <a href="#">E</a>  5.1 <a href="#">J</a>  5.2 <a href="#">B</a>  5.3 <a href="#">B</a> 5.3 <a href="#">A</a> 5.4 <a href="#">F</a> 5.5 <a href="#">H</a> 5.9 <a href="#">F</a>  5.5 <a href="#">BD</a>	<b>Units</b> Winter Olympics (2018)  Go Kids Challenge/New Year's Resolutions ("When I Was Dreaming", Sugary Drinks, 5 a Day, 60 minutes a day)  Heart/Circulatory System: *Jump Rope for Heart/Hoops for Heart *Function of Heart *Heart Health *Giving from the Heart  Super Bowl Bike Rodeo  King Antonio routine *Tinikling/Drum Fit/Jump rope  Maturation  Heroes For Heart  Spring stations *Spring Tabatas  STARR *brainy breakfast (Hoop Mania) *healthy snacks (Steal the Bacon)
<b>2<sup>nd</sup> Nine Weeks – 43 days</b> (October 17 <sup>th</sup> – December 21 <sup>st</sup> ) (November 19 <sup>th</sup> – 23 <sup>rd</sup> – Thanksgiving Break) (December 24 <sup>th</sup> – January 4 <sup>th</sup> – Holiday Break)		<b>4<sup>th</sup> Nine Weeks – 45 days</b> (March 20 <sup>th</sup> – May 23 <sup>rd</sup> ) (April 19 <sup>th</sup> – Good Friday – No School) (April 26 <sup>th</sup> – Battle of Flowers – No School) (May 27 <sup>th</sup> – Memorial Day – No School)	
<b>TEKS</b> 5.1 <a href="#">I</a> 5.2 <a href="#">A</a> 5.2 <a href="#">B</a> 5.4 <a href="#">CEG</a>  5.2 <a href="#">A</a> 5.4 <a href="#">C</a>  5.1 <a href="#">D</a> 5.4 <a href="#">F</a> 5.6 <a href="#">C</a> 5.8 <a href="#">B</a> 5.9 <a href="#">C</a>  5.1 <a href="#">CDIK</a>  5.2 <a href="#">A</a>	<b>Units</b> Halloween: *Skeletal System, Osteoporosis Skeletal Square, Knock Out with stations *Halloween games/Dental care *Boo Run  Diabetes  Mule Games/Camp Cambridge/Amazing Race  Garden Run  Turkey Tango  Christmas (sleigh rides, Decorate tree, Ornaments in the Attic, Grinch bowling, etc.)  Overhand Throw (Self and Peer Assessment)	<b>TEKS</b> 5.1 <a href="#">BC</a> 5.1 <a href="#">G</a> 5.4 <a href="#">F</a>  5.1 <a href="#">BCE</a> 5.2 <a href="#">C</a> 5.6 <a href="#">C</a> 5.7 <a href="#">AB</a> 5.9 <a href="#">CD</a>  5.8 <a href="#">D</a>  5.1 <a href="#">L</a>  5.5 <a href="#">C</a> 5.6 <a href="#">B</a> 5.7 <a href="#">B</a>	<b>Units</b> Kinetic Kids King Antonio auditions (Rubric)  My Plate  Egg-ercise  Track Meet *4X100 Relay/Blind Handoffs *Running Long Jump *Hurdles *Steeple Chase  Earth Day  Cup stacking/Juggling  Fun in the Sun *skin protection *Power of sun screen game *Water safety Human Foosball



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Rotation Fridays:

Pacer [5.1B](#), [5.3B](#), [5.9D](#)

Team Games:

Beat Ball Baseball [5.1KL](#), [5.6B](#), [5.7B](#)

GaGa Ball [5.1B](#)

Aerobic Kickball [5.1K](#)

Team Kickball [5.1K](#), [5.6B](#), [5.7B](#)

Mat Ball [5.1K](#)

Basket/kickball [5.1KL](#), [5.7B](#)

Locker Room [5.1K](#), [5.2A](#)

Flag Tag [5.1L](#)