



Cambridge 2nd Grade PE Year at a Glance (YAG)



First Semester		Second Semester	
1st Nine Weeks – 40 days (August 20 th – October 16 th) (September 3 rd – Labor day – No School) (October 8 th – Staff Development)		3rd Nine Weeks – 45 days (January 7 th – March 19 th) (January 21 st – MLK – No School) (March 11 th – 15 th – Spring Break)	
TEKS 2.9A 2.10A 2.1B 2.11B 2.1BD 2.1L 2.2BC 2.3A 2.3B 2.4ACD 2.4D 2.5ABE 2.7A 2.3C 2.3D 2.4B 2.3C 2.5C 2.11AC 2.7A 2.3A 2.5C	Units FIT with Family School Theme games (Character is our Game) *Jumbo Jenga, Twister, Yahtzee, Kerplunk Back to School wellness: *Dress for success *Traffic Light Eating, Brainy Breakfast, Phytonutrients (Hoop Mania, Steal the Bacon) *Unplug and Move <ul style="list-style-type: none"> • Read DOT (movement with book) • Siclovia Muscular System: *aerobic/anaerobic *3 Components of Fitness Perseverance: (“Let’s Go”/ <u>Wilma Unlimited</u>) *Mile Run *Kids Rock *Tug A War Family Play Date	TEKS 2.1FGH 2.3B 2.5C 2.11AC 2.1CEG 2.1BHMN 2.2A 2.2A 2.3BC 2.4B 2.4ABCEF 2.8A 2.5BE 2.2BC 2.3A 2.2F 2.6A 2.11D	Units Winter Sports Go Kids Challenge/New Years Resolutions Heart/Circulatory System: *Jump Rope for Heart/Hoops for Heart *Function of Heart *Heart Health *Giving from the Heart Super Bowl Bike Rodeo King Antonio routine *Tinikling/DrumFit/Jump rope Heroes For Heart Spring stations *Spring Tabatas
2nd Nine Weeks – 43 days (October 17 th – December 21 st) (November 19 th – 23 rd – Thanksgiving Break) (December 24 th – January 4 th – Holiday Break)		4th Nine Weeks – 45 days (March 20 th – May 23 rd) (April 19 th – Good Friday – No School) (April 26 th – Battle of Flowers – No School) (May 27 th – Memorial Day – No School)	
TEKS 2.1BCFG 2.1EL 2.3BC 2.1G 2.3B 2.7AB 2.1JKL 2.1E 2.2A	Units Halloween: *Skeletal System (weight bearing exercise, Calcium, Vitamin D) Skeletal Square, Knock Out with stations *Halloween games *Boo Run Diabetes/Pancreas/Insulin Mule Games/Camp Cambridge/Amazing Race Garden Run Turkey Tango Christmas Overhand Throw (Self and Peer Assessment)	TEKS 2.1D 2.1H 2.1GI 2.5B 2.1G 2.5C 2.5BCD	Units My Plate Egg-ercise Track Unit *Indy 500/baton relays *Steeple Chase Earth Day Cup stacking/Juggling Fun in the Sun *skin protection Power of sun screen game Water Safety Human Foosball

Rotation Fridays:

Pacer

Team Games: 2.1ABN, 2.2A, 2.3A, 2.6AB, 2.7AB

- Beat Ball Baseball
- GaGa Ball
- Aerobic Kickball
- Team Kickball
- Mat Ball
- Basket/kickball
- Locker Room
- Flag Tag