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| First Semester | Second Semester |
| **1st Nine Weeks – 40 days** (August 20th – October 16th)*(September 3rd* – *Labor day* – *No School)**(October 8th* –  *Staff Development)* | **3rd Nine Weeks – 45 days**(January 7th – March 19th) *(January 21st* – *MLK* – *No School)**(March 11th – 15th* – *Spring Break)* |
| **TEKS**5.1[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122386" \o "5.1A: Examine and analyze food labels and menus for nutritional content.)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122388" \o "5.1C: Identify foods that are sources of one or more of the six major nutrients.)[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122389" \o "5.1D: Calculate the relationship between caloric intake and energy expenditure.)[F](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122391" \o "5.1F: Analyze the components of a personal health maintenance plan for individuals and families such as stress management and)5.1[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124609" \o "5.1B: Demonstrate smooth combinations of fundamental locomotor skills such as running and dodging and hop-step-jump.)[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124611" \o "5.1D: Demonstrate controlled balance on a variety of objects such as balance board, stilts, scooters, and skates.)[L](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124619" \o "5.1L: Demonstrate combinations of locomotor and manipulative skills in complex and/or game-like situations such as pivoting)5.3[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124623" \o "5.3A: Participate in moderate to vigorous physical activities on a daily basis that develop health-related fitness.)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124625" \o "5.3C: Explain the value of participation in community physical activities such as little league and parks and recreation.)5.4[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122399" \o "5.4D: List the effects of harmful viruses on the body such as polio, Human Immunodeficiency Virus (HIV), and the common)[E](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122400" \o "5.4E: Explain how to manage common minor illnesses such as colds and skin infections.) 5.4[F](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124631" \o "5.4F: Identify the relationship between optimal body function and a healthy eating plan such as eating a variety of foods in)5.5[E](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122405" \o "5.5E: Demonstrate strategies for preventing and responding to deliberate and accidental injuries.)5.5[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124636)5.6[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124640) 5.7[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122417)5.7[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124641)[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124642) 5.1[F](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122391) 5.1[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124609)5.2[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122392)5.3[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124624)5.4[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124626)[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124627)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124628)[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124629)[E](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124630)5.5[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124638)5.3[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124623)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124625)5.6[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122412)5.6[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124640)5.7[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124641)[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124642)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124643)5.9[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122425)[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122426)[E](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122427)5.3[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124625)5.8[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122420)5.9[F](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122428) | **Units**School Theme games (Character is our Game) \*Jumbo Jenga, Twister, Yahtzee, Bounce OffBack to School wellness:  \*Dress for success  \*Traffic Light Eating, Brainy Breakfast, Phytonutrients(Hoop Mania, Steal the Bacon) \*Unplug and Move * Read DOT (movement with book)
* Siclovia

 Muscular System: \*aerobic/anaerobic \*3 Components of Fitness \*FITTPerseverance: \*Mile Run \*Kids Rock   \*Tug A WarFamily Play Date | **TEKS**5.1[G](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124614)5.1[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124611) 5.3[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124623)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124625)5.5[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124638)5.7[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124643)5.8[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122420)5.9[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122426)5.1[F](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122391)5.1[K](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124618)5.2[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122392)5.3[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124623)5.4[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122396)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122398)5.4[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124626)[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124627)[F](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124631)[H](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124633)5.5[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122403)5.6[G](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122416)5.1[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124609)5.2[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124620)5.1[F](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122391) 5.3[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124625)5.5[E](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122405)5.1[I](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124616)[J](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124617)5.2[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122393)5.3[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122395)5.3[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124623)5.4[F](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124631) 5.5[H](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122408)5.9[F](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122428)5.5[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124636)[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124638) | **Units**Winter Olympics (2018)Go Kids Challenge/New Year’s Resolutions (“When I Was Dreaming”, Sugary Drinks, 5 a Day, 60 minutes a day)Heart/Circulatory System: \*Jump Rope for Heart/Hoops for Heart \*Function of Heart \*Heart Health \*Giving from the HeartSuper BowlBike RodeoKing Antonio routine \*Tinikling/Drum Fit/Jump ropeMaturationHeroes For HeartSpring stations \*Spring TabatasSTARR \*brainy breakfast (Hoop Mania) \*healthy snacks (Steal the Bacon) |
| **2nd Nine Weeks – 43 days** (October 17th – December 21st) *(November 19th – 23rd* – *Thanksgiving Break)**(December 24th – January 4th – Holiday Break)* | **4th Nine Weeks – 45 days** (March 20th – May 23rd) *(April 19th – Good Friday – No School)*(*April 26th – Battle of Flowers – No School)**(May 27th – Memorial Day – No School)* |
| **TEKS**5.1[I](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124616)5.2[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122392) 5.2[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124621)5.4[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124628)[E](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124630)[G](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124632)5.2[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122392) 5.4[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122398)5.1[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124611)5.4[F](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124631)5.6[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122412)5.8[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122420) 5.9[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122425)5.1[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124610)[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124611)[I](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124616)[K](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124618)5.2[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124620) | **Units**Halloween: \*Skeletal System, Osteoporosis Skeletal Square, Knock Out with stations \*Halloween games/Dental care \*Boo RunDiabetesMule Games/Camp Cambridge/Amazing RaceGarden RunTurkey TangoChristmas (sleigh rides, Decorate tree, Ornaments in the Attic, Grinch bowling, etc.)Overhand Throw (Self and Peer Assessment) | **TEKS**5.1[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122387)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122388)5.1[G](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124614)5.4[F](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124631)5.1[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124609)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124610)[E](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124612)5.2[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124622)5.6[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122412)5.7[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124641)[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124642)5.9[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122425)[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122426)5.8[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122422)5.1[L](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124619)5.5[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124637) 5.6[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124640)5.7[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124642) | **Units**Kinetic KidsKing Antonio auditions (Rubric)My PlateEgg-erciseTrack Meet \*4X100 Relay/Blind Handoffs \*Running Long Jump \*Hurdles \*Steeple ChaseEarth DayCup stacking/JugglingFun in the Sun \*skin protection  \*Power of sun screen game  \*Water safetyHuman Foosball |

Rotation Fridays:

Pacer 5.1[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124609), 5.3B, 5.9[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122426)

Team Games:

 Beat Ball Baseball 5.1[K](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124618)[L](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124619), 5.6[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124640), 5.7[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124642)

 GaGa Ball 5.1[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124609" \o "5.1B: Demonstrate smooth combinations of fundamental locomotor skills such as running and dodging and hop-step-jump.)

 Aerobic Kickball 5.1[K](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124618)

 Team Kickball 5.1[K](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124618), 5.6[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124640), 5.7[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124642)

 Mat Ball 5.1[K](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124618)

 Basket/kickball 5.1[K](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124618)[L](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124619), 5.7[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124642)

 Locker Room 5.1[K](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124618), 5.2[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124620)

 Flag Tag 5.1[L](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124619)