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| First Semester | Second Semester |
| **1st Nine Weeks – 40 days** (August 20th – October 16th)*(September 3rd* – *Labor day* – *No School)**(October 8th* –  *Staff Development)* | **3rd Nine Weeks – 45 days**(January 7th – March 19th) *(January 21st* – *MLK* – *No School)**(March 11th – 15th* – *Spring Break)* |
| **TEKS**2.9[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122290)2.10[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122293)2.1[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122262)2.11[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122297)2.1[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122262)[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122264) 2.1[L](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124513" \o "2.1L: Perform rhythmical sequences such as simple folk, creative, and ribbon routines.) 2.2[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122269" \o "2.2B: Identify ways to avoid deliberate and accidental injuries.)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122270" \o "2.2C: Explain the need to use protective equipment when engaging in certain recreational activities such as skateboarding,)2.3[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122274" \o "2.3A: Describe behaviors that protect the body structure and organs such as wearing a seat belt and wearing a bicycle helmet.)2.3[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124519" \o "2.3B: Participate in moderate to vigorous physical activities on a daily basis that cause increased heart rate, breathing rate, and) 2.4[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122277" \o "2.4A: Explain ways in which germs are transmitted, methods of preventing the spread of germs, and the importance of)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122279" \o "2.4C: Explain how the body provides protection from disease.)[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122280" \o "2.4D: Apply practices to control spread of germs in daily life such as hand washing and skin care.)2.4[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124525" \o "2.4D: Explain the need for foods as a source of nutrients that provide energy for physical activity.)2.5[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124528" \o "2.5A: Use equipment and space safely and properly.)[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124529" \o "2.5B: Select and use appropriate protective equipment in preventing injuries such as helmets, elbow/knee pads, wrist guards,)[E](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124532" \o "2.5E: Identify safe cycling and road practices.)2.7[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122286)2.3[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122276) 2.3[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124521)2.4[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124523)2.3[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124520)2.5[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122283)2.11[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122296)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122298)2.7[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124536)2.3[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124518)2.5[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122283) | **Units**FIT with FamilySchool Theme games (Character is our Game) \*Jumbo Jenga, Twister, Yahtzee, KerplunkBack to School wellness:  \*Dress for success  \*Traffic Light Eating, Brainy Breakfast, Phytonutrients(Hoop Mania, Steal the Bacon) \*Unplug and Move * Read DOT (movement with book)
* Siclovia

 Muscular System: \*aerobic/anaerobic \*3 Components of FitnessPerseverance: (“Let’s Go”/ Wilma Unlimited) \*Mile Run \*Kids Rock \*Tug A WarFamily Play Date | **TEKS**2.1[F](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124507)[G](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124508)[H](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124509)2.3[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124519)2.5[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122283)2.11[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122296)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122298)2.1[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122263)[E](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122265)[G](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122267)2.1[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124503)[H](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124509)[M](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124514)[N](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124515)2.2[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122268)2.2[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124516)2.3[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122275)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122276)2.4[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122278)2.4[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124522)[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124523)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124524)[E](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124526)[F](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124527) 2.8[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122288)2.5[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124529)[E](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124532)2.2[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122269)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122270)2.3[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122274)2.2[F](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122273)2.6[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122284)2.11[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122299) | **Units**Winter SportsGo Kids Challenge/New Years ResolutionsHeart/Circulatory System: \*Jump Rope for Heart/Hoops for Heart \*Function of Heart \*Heart Health  \*Giving from the HeartSuper BowlBike RodeoKing Antonio routine \*Tinikling/DrumFit/Jump ropeHeroes For HeartSpring stations \*Spring Tabatas |
| **2nd Nine Weeks – 43 days** (October 17th – December 21st) *(November 19th – 23rd* – *Thanksgiving Break)**(December 24th – January 4th – Holiday Break)* | **4th Nine Weeks – 45 days** (March 20th – May 23rd) *(April 19th – Good Friday – No School)*(*April 26th – Battle of Flowers – No School)**(May 27th – Memorial Day – No School)* |
| **TEKS**2.1[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122262)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122263)[F](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122266)[G](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122267)2.1[E](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124506)[L](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124513)2.3[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122275)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122276)2.1[G](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122267)2.3[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122275)2.7[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122286)[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122287)2.1[J](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124511)[K](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124512)[L](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124513)2.1[E](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124506)2.2[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124516) | **Units**Halloween: \*Skeletal System (weight bearing exercise, Calcium, Vitamin D) Skeletal Square, Knock Out with stations \*Halloween games  \*Boo RunDiabetes/Pancreas/InsulinMule Games/Camp Cambridge/Amazing RaceGarden RunTurkey TangoChristmasOverhand Throw (Self and Peer Assessment) | **TEKS**2.1[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122264)2.1[H](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124509)2.1[G](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124508)[I](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124510)2.5[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122282)2.1[G](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122267)2.5[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122283)2.5[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124529)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124530)[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124531) | **Units**My PlateEgg-erciseTrack Unit \*Indy 500/baton relays \*Steeple ChaseEarth DayCup stacking/JugglingFun in the Sun \*skin protection  Power of sun screen game  Water SafetyHuman Foosball |

Rotation Fridays:

Pacer

Team Games: 2.1[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124502)[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124503)[N](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124515), 2.2[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124516), 2.3[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124518) ,2.6[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124534)[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124535), 2.7[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124536)[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124537)

 Beat Ball Baseball

 GaGa Ball

 Aerobic Kickball

 Team Kickball

 Mat Ball

 Basket/kickball

 Locker Room

 Flag Tag