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| First Semester | | Second Semester | | |
| **1st Nine Weeks – 40 days**  (August 20th – October 16th)  *(September 3rd* – *Labor day* – *No School)*  *(October 8th* –  *Staff Development)* | | **3rd Nine Weeks – 45 days**  (January 7th – March 19th)  *(January 21st* – *MLK* – *No School)*  *(March 11th – 15th* – *Spring Break)* | | |
| **TEKS**  2.9[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122290)  2.10[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122293)  2.1[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122262)  2.11[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122297)  2.1[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122262)[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122264)  2.1[L](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124513" \o "2.1L: Perform rhythmical sequences such as simple folk, creative, and ribbon routines.)  2.2[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122269" \o "2.2B: Identify ways to avoid deliberate and accidental injuries.)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122270" \o "2.2C: Explain the need to use protective equipment when engaging in certain recreational activities such as skateboarding,)  2.3[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122274" \o "2.3A: Describe behaviors that protect the body structure and organs such as wearing a seat belt and wearing a bicycle helmet.)  2.3[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124519" \o "2.3B: Participate in moderate to vigorous physical activities on a daily basis that cause increased heart rate, breathing rate, and)  2.4[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122277" \o "2.4A: Explain ways in which germs are transmitted, methods of preventing the spread of germs, and the importance of)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122279" \o "2.4C: Explain how the body provides protection from disease.)[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122280" \o "2.4D: Apply practices to control spread of germs in daily life such as hand washing and skin care.)  2.4[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124525" \o "2.4D: Explain the need for foods as a source of nutrients that provide energy for physical activity.)  2.5[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124528" \o "2.5A: Use equipment and space safely and properly.)[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124529" \o "2.5B: Select and use appropriate protective equipment in preventing injuries such as helmets, elbow/knee pads, wrist guards,)[E](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124532" \o "2.5E: Identify safe cycling and road practices.)  2.7[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122286)  2.3[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122276)  2.3[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124521)  2.4[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124523)  2.3[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124520)  2.5[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122283)  2.11[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122296)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122298)  2.7[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124536)  2.3[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124518)  2.5[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122283) | **Units**  FIT with Family  School Theme games (Character is our Game)  \*Jumbo Jenga, Twister, Yahtzee, Kerplunk  Back to School wellness:  \*Dress for success  \*Traffic Light Eating, Brainy Breakfast, Phytonutrients  (Hoop Mania, Steal the Bacon)  \*Unplug and Move   * Read DOT (movement with book) * Siclovia     Muscular System:  \*aerobic/anaerobic  \*3 Components of Fitness  Perseverance: (“Let’s Go”/ Wilma Unlimited)  \*Mile Run  \*Kids Rock  \*Tug A War  Family Play Date | **TEKS**  2.1[F](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124507)[G](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124508)[H](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124509)  2.3[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124519)  2.5[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122283)  2.11[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122296)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122298)  2.1[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122263)[E](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122265)[G](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122267)  2.1[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124503)[H](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124509)[M](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124514)[N](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124515)  2.2[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122268)  2.2[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124516)  2.3[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122275)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122276)  2.4[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122278)  2.4[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124522)[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124523)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124524)[E](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124526)[F](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124527)  2.8[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122288)  2.5[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124529)[E](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124532)  2.2[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122269)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122270)  2.3[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122274)  2.2[F](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122273)  2.6[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122284)  2.11[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122299) | **Units**  Winter Sports  Go Kids Challenge/New Years Resolutions  Heart/Circulatory System:  \*Jump Rope for Heart/Hoops for Heart  \*Function of Heart  \*Heart Health    \*Giving from the Heart  Super Bowl  Bike Rodeo  King Antonio routine  \*Tinikling/DrumFit/Jump rope  Heroes For Heart  Spring stations  \*Spring Tabatas |
| **2nd Nine Weeks – 43 days**  (October 17th – December 21st)  *(November 19th – 23rd* – *Thanksgiving Break)*  *(December 24th – January 4th – Holiday Break)* | | **4th Nine Weeks – 45 days**  (March 20th – May 23rd)  *(April 19th – Good Friday – No School)*  (*April 26th – Battle of Flowers – No School)*  *(May 27th – Memorial Day – No School)* | | |
| **TEKS**  2.1[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122262)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122263)[F](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122266)[G](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122267)  2.1[E](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124506)[L](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124513)  2.3[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122275)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122276)  2.1[G](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122267)  2.3[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122275)  2.7[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122286)[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122287)  2.1[J](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124511)[K](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124512)[L](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124513)  2.1[E](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124506)  2.2[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124516) | **Units**  Halloween:  \*Skeletal System (weight bearing exercise, Calcium, Vitamin D)  Skeletal Square, Knock Out with stations  \*Halloween games  \*Boo Run  Diabetes/Pancreas/Insulin  Mule Games/Camp Cambridge/Amazing Race  Garden Run  Turkey Tango  Christmas  Overhand Throw (Self and Peer Assessment) | **TEKS**  2.1[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122264)  2.1[H](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124509)  2.1[G](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124508)[I](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124510)  2.5[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122282)  2.1[G](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122267)  2.5[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122283)  2.5[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124529)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124530)[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124531) | **Units**  My Plate  Egg-ercise  Track Unit  \*Indy 500/baton relays  \*Steeple Chase  Earth Day  Cup stacking/Juggling  Fun in the Sun  \*skin protection  Power of sun screen game  Water Safety  Human Foosball |

Rotation Fridays:

Pacer

Team Games: 2.1[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124502)[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124503)[N](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124515), 2.2[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124516), 2.3[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124518) ,2.6[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124534)[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124535), 2.7[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124536)[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124537)

Beat Ball Baseball

GaGa Ball

Aerobic Kickball

Team Kickball

Mat Ball

Basket/kickball

Locker Room

Flag Tag