



# Alamo Heights ISD Character Education



**KINDNESS**  
*is contagious*

## Kindness wins over mistreatment

### Five Kindness Skills

Speak with good purpose & give compliments

Include others

Respect personal boundaries

Empathy, caring, & compassion

Respect all people & property

Not...

Not...

Not...

Not...

Not...

### Five Forms of Mistreatment\*

Put downs

Exclusion

Unwanted physical contact

Bullying

Acts against the campus

**“No act of kindness, however small, is ever wasted” -Aesop**