

ALAMO HEIGHTS JUNIOR SCHOOL
PHYSICAL EDUCATION | WAIVER INFORMATION

For private or commercial entities applying to be considered

All Alamo Heights Junior School students are required to take three semesters of physical education during 7th & 8th grade. Activity programs offered by private or commercially sponsored entities, which prepare students for **Olympic level participation**/competitions and/or which concentrate on a school-sanctioned sport not offered in the school's physical education program, may be substituted for this requirement. The requirements of such a program and the procedure for requesting a substitution are outlined below. Note: The district determines whether or not to recommend an entity to the Texas Education Agency (TEA). After that TEA will approve or deny the program as suitable for substitution.

ALL FORMS ARE DUE March 30th, THE SCHOOL YEAR BEFORE THE WAIVER IS BEING REQUESTED.

Procedures

1. Submit a written request to the AHJS Academic Dean, Dr. Yadira Taboada-Palacios at ypalacios@ahisd.net.
2. Provide a detailed course of study outlining the requirements of the activity program and the correlation to TEKS for Physical Education including the number of after school clock hours devoted to instruction and practice.
3. A committee, consisting of the assistant superintendent of curriculum and instruction (or his/her designee), a campus administrator, the student's counselor, and the chairperson of physical education department of the school, will review the request and grant or deny request to the Texas Education Agency for approval.
4. Upon approval, the following conditions must be satisfied.
The program instructor will submit documentation of attendance and an evaluation of the student's performance at the end of each semester, to the student's counselor.

To qualify for a waiver from participation in a PE course, one of the following requirements must be met:

1. **LEVEL ONE ACTIVITY (applicable to 7th and 8th graders)**
Olympic-level participation and/or competition provided by the entity on the approved list, includes a minimum of 15 hours per week of highly intense, professional, supervised training. The entity providing the program services must be on the AHISD approval list. Students qualifying and participating at this level may be dismissed from school a maximum of one hour per day. Students dismissed may not miss any class other than physical education.
2. **LEVEL TWO ACTIVITY (applicable to 8th graders only)**
Participation and/or competition provided by an entity on the approved list at this level includes a minimum of 5 hours per week of intense, professional, supervised training. The entity providing the program services must be on the AHISD approval list. Students at this level may not be dismissed from any part of the school day but will take an additional elective in place of PE class.